


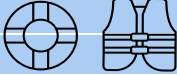


# Week 6, Middle School

	Monday July 6, 2026	Tuesday July 7, 2026	Wednesday July 8, 2026	Thursday July 9, 2026	Friday July 10, 2026	updates/reminders
	7:30 - 8:00	Arrive/Breakfast	Arrive/Breakfast	Arrive/Breakfast	Arrive/Breakfast	
	8:10	Chapel	Fit Factor	Leave for Waynesboro (don't forget towel)	Fit Factor - Boys	Chapel
	8:15				Cardio Drumming - Girls	
	8:30	Fit Factor			Color Wars	Fit Factor
	8:45					
	9:00		Swim 9:00 - 11:00			
	9:30	Gaga Ball/Volleyball	at the City Pool		Sewing, Cake Decorating, or	Dance, Volleyball/GaGa Ball
	10:00				Basketball	or STEAM
	10:15	Morning Snack on the go			Morning Snack on the go	Devotional
	10:30	Color Guard, Football, or			Social Hour	
	11:00	STEAM	Morning Snack on the go	Morning Snack on the go		Whiffleball
	11:30	Games				
	12:00	Lunch	Lunch	Lunch	Lunch	Lunch
	12:30	Movie/Board Games	Movie			
	1:00			Movie/Games/Outdoor Act	Field Trip	
	1:30	Theater or Kickball	Cheer, Soccer, or STEAM		Buffalo River Float	Painting, Theater, or
	1:45				Blue Hole to Napier	Backyard Activities
	2:00					19th Hope's Got Talent Show
	2:15					
	2:30	Theater or Small Groups	Volleyball/GaGa Ball	Theater or Kickball		
	3:00					
	3:15	Snack		Small Groups - LCPIC	Snack	
	3:30	Social Hour	Snack			
	3:45			Snack		Snack
	4:00	Games/Clean up/PICK UP	Games/Clean up/PICK UP	Games/Clean up/PICK UP	Return by 5:00	Games/Clean up/PICK UP